

**Front, Back, Up, Down Song**  
**By Wolf Trap Teaching Artist Maria Tripodi**

This dance experience is one that can be done with both infants and toddlers. The infants can be held in the caregiver's arms while the toddlers move on their own. The focus of this experience is directions, pathways, and spatial awareness. Children are able to experience direction while the caregiver describes the movements in the song.

*Lyrics:*

*We're going front, back, up, and down and  
Front, back, up, and down and  
Front, back, up and down and  
We'll do it and we'll do it and we'll do it again.*

Begin moving following the directions given in the lyrics of song, and turn in a circle for "do it again."