

Keep the Beat Chant
By Wolf Trap Teaching Artist Maria Tripodi

This is a simple chant that allows for individual improvisation. Begin leading the chant until everyone joins. Start by incorporating levels and directions. After a few different times of doing this experience, begin to include body parts. You can also ask the children for other ideas of where they can keep the beat.

Lyrics:

Let's keep the beat
Here we go
Here we go, keep it up, follow me!

Can you keep, can you keep, can you keep the beat like this?
Can you keep, can you keep, can you keep the beat up high?
Can you keep, can you keep, can you keep the beat down low?
Can you keep, can you keep, can you keep the beat to one side?
Can you keep, can you keep, can you keep the beat to the other side?
Can you keep, can you keep, can you keep the beat in front?
Can you keep, can you keep, can you keep the beat behind?