

Little Voices for Healthy Choices

My Dear Baby

Kofi Dennis, Wolf Trap Center for Early Learning Through the Arts

Experience

This experience is intended to foster a quiet play interaction between an adult and a child.

To begin, hum the melody of the song.

Adult can lay down beside baby making eye contact.

Sing:

My Dear Baby,
My Dear Baby,
Open Your Eyes and Look,
Open Your Eyes and Look,
It's Your Dear (Daddy/Mommy/Friend/Caregiver),
LOOK, LOOK, LOOK, LOOK!

My Dear Baby,
My Dear Baby,
Stretch your Arms and Push,
Stretch your Arms and Push,
My Dear Baby,
PUSH, PUSH, PUSH, PUSH!

Hold baby in your arms and sing the song as you sway baby from side to side:

My Dear Baby,
My Dear Baby,
Come Over Let Us Sway,
Come Over Let Us Sway,
My Dear Baby,
SWAY, SWAY, SWAY, SWAY!

My Dear Baby,
My Dear Baby,
Come Over Let Us Rock,
Come Over Let Us Rock,
My Dear Baby,
ROCK, ROCK, ROCK, ROCK!

Little Voices for Healthy Choices CD: Track 22

