

TITLE:

Managing Classroom Movement

DEVELOPED BY:

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ART FORM: Dance/Movement Drama Music Puppetry Multi-disciplinary / _____**OBJECTIVE(S)/GOAL:**

Children will be able to:

- understand and demonstrate movement, energy, and force

VOCABULARY**Arts Vocabulary**

Movement

High/low

Spin

Curl

Fast

Shake

Locomotor

Non-locomotor

Curriculum Content Vocabulary

Kinetic Energy

MAIN EXPERIENCE:**Introduction: Reach up High***I reach up high**I reach down low**I touch the ceiling**I touch my toe**I stretch to the left*

*I stretch to the right
I spin around fast and curl up tight*

Shake my Hands

*I shake my hands high
I shake my hands low
I shake my hands above my head
I shake them down below
I shake them to the left
I shake them to the right
I shake them all around
And I shake with all my might*

Main Experience:

“Today we are going to talk about moving our bodies! What is movement? Action that we do with our bodies. In order to do any movement with our bodies we use a special kind of energy.”

Kinetic Energy:

“We need kinetic energy to make the different parts of our body move. What is movement? Using energy to apply force.”

Types of Movement or ways that we can move our bodies:

Locomotor

Walk
Slide
Hop
Jump
Gallop
Skip
Creep

Non-locomotor

Bend
Twist
Stretch
Swing
Push
Pull
Melt
Sway
Lunge
Rise
Wiggle
Slash

Closing

Children have a turn to do one non-locomotor movement or locomotor movement to show what they have learned.

INTENTIONAL QUESTIONS:

Open-Ended (i.e. children contributing possibilities, thoughts)

What is movement?

Demonstration (i.e. "show me...")

Show me a movement.
