Rod or stick puppets are thought to be the oldest form of puppetry. Stick puppets can be any size based on the characters in the story. The basic stick puppet is simply a stick and a ball. Many of these puppets can start out with a tennis ball and grow from there, but any ball can do. You can also put a sock over the ball to create a body. Anything that has a head and a stick can be a stick puppet.

Stick puppets can also be made out of mesh bath poufs (used for the wolf puppet), or feather dusters (used for the chicken puppet). Sometimes these puppets can be flat and made out of foam. Stick puppets can also be made to fly, such as the butterfly and mother bird puppets seen in the video.