

CREATING A DANCE PHRASE

- Step 1. Introducing and exploring concepts: moving from concrete to abstract.
 - Children will watch bubbles moving through the air. Ask open-ended questions:
 - How does the bubble move? Does it go straight down to the floor?
 - What shape is the bubble?
 - Can you make your body bubble move to floor like the real bubble?
 - Can you show me how your bubble can move or float lightly?

- Step 2. Children will create and demonstrate three different ways the bubble can move.
 - Floating side to side (direction)
 - Floating up and down on stretching and reaching(non-locomotor)
 - Floating gallop and turning (locomotor/non-locomotor)

- Step 3. Developing skills: Using a 4 to 8 count phrasing
 - Children will practice movement phrases using direction, non-locomotor and locomotor while on a low level
 - Children will practice movement phrases on a high level
 - Children will practice movement phrases traveling in a circle
 - Children will practice movement phrases with a partner
 - Children will practice movement phrases to selected instrumental music

- Step 4. Moving with a prop: different color streamers
 - Distribute streamers to children prior to practice
 - Repeat all of the ways the bubble moves while manipulating the streamer