

**EARLY ARTS LEARNING EXPERIENCE FORM**

**Teaching Artist Name:** Terlene Terry-Todd

**ARTS ELEMENT:** Locomotor and Non-locomotor

**EXPERIENCE:** Locomotor Math

**SINGAPORE AESTHETICS AND CREATIVE EXPRESSION LEARNING GOAL:**

Learning Goal 1. Enjoy through participation in a variety of physical activities

Learning Goal 2. Demonstrate control, coordination, and balance in gross motor tasks

**UNITED STATES NATIONAL CORE ARTS STANDARD:**

**CREATE:**

- generate and conceptualize artistic ideas and work
- organize and develop artistic ideas and work

**PERFORMING:**

- select, analyze, and interpret artistic work for presentation
- develop and refine artistic techniques and work for presentation

**RESPONDING:**

- interpret intent and meaning in artistic

**VOCABULARY:**

- Basic locomotor movements: Walk, run, jump, hop, gallop, skip, slide, leap
- Basic non-locomotor movements: bend, twist, reach, lean, stretch, shake, float, turn

**RATIONALE:** (*Why am I teaching this?*)

Practice and explore locomotor and non-locomotor movement develops technical and creative skills for structured and improvised dance sequences.

**EXPERIENCE PROCEDURES**

**Step One: Locomotor Math**

- Have participants place streamer on floor and spread very flat to look like a straight line
- Ask can the participants execute selected locomotor moves around or on the streamer.  
Example: Show me how to jump over your streamer 5 times? Can you walk on your streamer forward/backward? Can you hop over your streamer 7 times? Run around your streamer 3 times.

Step Two: The Colorful River - Locomotor/Non-locomotor Pattern Experience

- Colorful River Prop: long piece of colorful cloth at least 7 – 8 ft. or any marked off area that covers point A to B
- Have children review all locomotor movements moving forward on the colorful “river:”
- Have children review mixing locomotor and non-locomotor movements together

Step Three:

- Children must now create an simple AB movement pattern on the colorful river: ie: two walks & two claps or two jumps and one hop
- Variation: As the children grasp the AB pattern, challenge them with ABC sequence – 3 different movements ie: walk, snap, jump - repeat

Closure:

“STARFISH 1, 2, 3”

“Starfish” is an experience that allows children to bring their bodies to rest and focus on self-control.

Standing straight, open the body on each line.

Starfish 1      open one arm up and out in the air

Starfish 2      open the other arm up and out in the air

Starfish 3      open one leg out to the side

Starfish 4      open the other leg out to the side

Starfish 5      put both hands on their head

Moving all around (spin body around with hands on head)

Melting us slowly to the ground (all bodies slowly move to the ground and open their bodies out like a starfish)

Then walk around and tell the children that you are looking for a starfish that is keeping very still. You can then tap each child to leave one by one. This could be used to transition from big group activities to small group activities or moving to another location.